

CLOTHING	NUMBER	PACKED?
short sleeve t-shirts	5	
long sleeve tops: e.g. long sleeve t-shirts, turtlenecks & sweatshirts for bug protection when on hikes or for cooler temperatures	3	
Shorts	5	
long pants: e.g. jeans, sweatpants or cotton/canvas pants <i>*(please do not bring jeans only, sweat pants are preferred for outtrips)</i>	3	
heavy sweater/fleece/jacket: e.g. for cooler days and evenings	1	
rainsuit: pants & jacket that will protect you from the rain and keep dry. (<i>waterproof, not water-resistant</i>)	1	
warm pajamas (it gets cool in the evenings!)	2	
sweat socks (these get eaten by all the fresh air!) <i>at least 1-2 pairs of thick (wool) socks</i>	8 pairs	
underwear	8	
swimsuit	2	
running shoes (shoes get well worn!)	2 pairs	
beach sandals with hard soles	1 pair	
hiking &/or rain boots	1 pair	
hat (for sun protection)	1	
CAMPING EQUIPMENT		
compact sleeping bag in waterproof bag	1	
sleeping pad: e.g. blue foam pad or thermarest	1	
toque, gloves or mitts	1	
small flashlight with extra batteries	1	
BEDDING		
For health reasons, campers <u>may not</u> sleep in their sleeping bag while at camp but are able to use it as a comforter. If your child wets his/her bed you may want to pack additional sheets.		
sheets: 2 for the top and 2 for the bottom	4	
warm blanket or duvet (it gets cool in the evenings!)	1	
pillow	1	
pillow cases	2	
TOILETRIES		
face cloth	1	
hand towel	1	
beach towel	2	
toothbrush	1	
hair brush	1	
sunscreen	1 container	
insect repellent	1 container	
soap	1 bar	

shampoo	1 bottle	
toothpaste	1 tube	
deodorant	if required	
OTHER		
small daypack	1	
stamps	3-5	
fishing rod & tackle	Optional	
camera: disposable one is best	Optional	
books, stuffed toy, family pictures: something that might help your child when they are homesick	Optional	